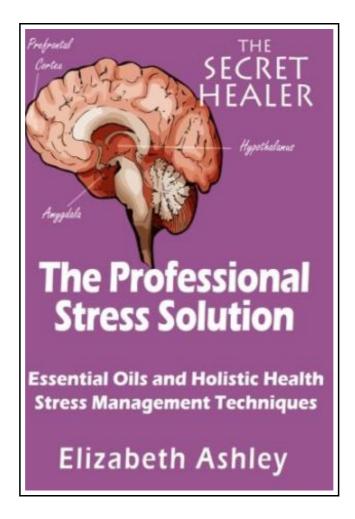
# The Professional Stress Solutution: Essential Oils and Holistic Health Stress Management Techniques (Paperback)



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#### Reviews

Extremely helpful for all class of folks. It is really simplified but excitement from the 50 percent of your ebook. You wont sense monotony at at any moment of your time (that's what catalogs are for about if you check with me).

(Prof. Zachary Pollich V)

## THE PROFESSIONAL STRESS SOLUTUTION: ESSENTIAL OILS AND HOLISTIC HEALTH STRESS MANAGEMENT TECHNIQUES (PAPERBACK)



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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*. Stress is pandemic in our society. Scientists agree it plays a quintessential role in how likely it is we will suffer from chronic and possibly fatal illnesses in the future. Risk factors of metabolic syndrome, diabetes, stroke and heart disease are increased through stress. The daft thing is.aromatherapy can do amazing things to ease it, and potentially aromatherapists could take a massive workload away from the doctor s surgeries. Discover the hormonal changes and peptide triggers that change a persons health and mental state. Learn how it affects the liver, adrenals and pituitary gland. Uncover the strange phenomenon of Yin disease Build a better foundation of care, but also a knowledge base that means you can sell your treatments more effectively. Improve your healing skills set Supercharge your referrals potential from other complementary therapists and orthodox medicine alike. Includes free bonus material of Chiropractic chart of misalignments and potential organic disturbance Chart of the meridians and suggested acupressure points to detox the organs more quickly Detailed information about how to improve the patients condition with vitamin and minerals therapy In depth dietary advice Free hypnotherapy relaxation download Essential Oils are The Off Switch for stress. The Professional Stress Solution is the ON SWITCH for your aromatherapy business.

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