



Surviving Survival: The Art and Science of Resilience

By Laurence Gonzales

WW Norton & Co. Paperback. Book Condition: new. BRAND NEW, Surviving Survival: The Art and Science of Resilience, Laurence Gonzales, The shark attacked while she was snorkeling, tearing through Micki Glenn's breast and shredding her right arm. Her husband, a surgeon, saved her life on the spot, but when she was safely home she couldn't just go on with her life. She had entered an even more profound survival journey: the aftermath. The survival experience changes everything because it invalidates all your previous adaptations, and the old rules don't apply. In some cases survivors suffer more in the aftermath than they did during the actual crisis. In all cases, they have to work hard to reinvent themselves. Drawing on gripping cases across a wide range of life-threatening experiences, Laurence Gonzales fashions a compelling argument about fear, courage, and the adaptability of the human spirit. Micki Glenn was later moved to say: "I don't regret that this happened to me. [It] has been .probably the single most positive experience I've ever had."



READ ONLINE
[2.6 MB]

Reviews

These sorts of book is the perfect book accessible. It is amongst the most amazing book i have got read. I found out this ebook from my i and dad advised this book to find out.

-- **Mr. Mustafa Sanford IV**

This book is definitely not effortless to start on reading through but extremely fun to learn. Better then never, though i am quite late in start reading this one. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Aliya Franecki**

Other Books



You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the fact that her mother winced a little...



The Princess and the Frog - Read it Yourself with Ladybird

Paperback. Book Condition: New. Not Signed; A kind frog helps a princess and she makes him a promise. What happens when the king tells her that she has keep her promise? Read it yourself with Ladybird is one of Ladybird's best-selling reading...



Children s Educational Book: Junior Leonardo Da Vinci: An Introduction to the Art, Science and Inventions of This Great Genius. Age 7 8 9 10 Year-Olds. [Us English] (Paperback)

Createspace, United States, 2013. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to expand and inspire young minds; this is...



Children s Educational Book Junior Leonardo Da Vinci : An Introduction to the Art, Science and Inventions of This Great Genius Age 7 8 9 10 Year-Olds. [British English] (Paperback)

Createspace, United States, 2013. Paperback. Book Condition: New. 248 x 170 mm. Language: English . Brand New Book ***** Print on Demand *****.ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to expand and inspire young minds; this is...



Bully, the Bullied, and the Not-So Innocent Bystander: From Preschool to High School and Beyond: Breaking the Cycle of Violence and Creating More Deeply Caring Communities (Paperback)

HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso s groundbreaking and trusted guide on bullying-including cyberbullying-arms parents and teachers with real solutions for a...



The Java Tutorial (3rd Edition)

Pearson Education, 2001. Softcover. Book Condition: Neu. Gebrauch - Sehr gut Unbenutzt. Schnelle Lieferung, Kartonverpackung. Abzugsfähige Rechnung. Bei Mehrfachbestellung werden die Versandkosten anteilig erstattet. - Praise for "The Java' Tutorial, Second Edition" includes: "This book stands above the rest because it has...