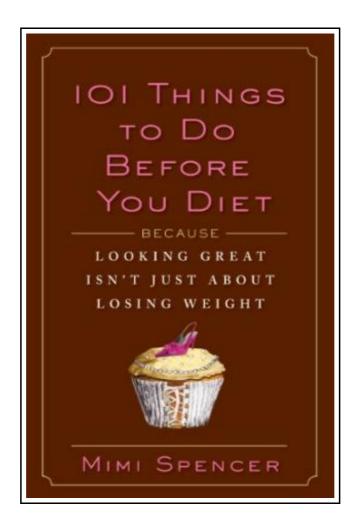
101 Things to Do Before You Diet: Because Looking Great Isn't Just about Losing Weight



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