



The Art of Doubles: Winning Tennis Strategies and Drills (2nd Revised edition)

By Pat Blaskower

F&W Publications Inc. Paperback. Book Condition: new. BRAND NEW, The Art of Doubles: Winning Tennis Strategies and Drills (2nd Revised edition), Pat Blaskower, Take Your Doubles Game to the Next Level! Whether you're trying to improve your doubles game or are just getting started playing tennis with a partner, The Art of Doubles is the book for you. Author Pat Blaskower is your personal coach, guiding and encouraging you and your partner to play winning tennis by showing you how to: * choose a compatible partner * determine your jobs on the court * learn poaching skills * communicate with each other and opposing teams * maintain mental toughness * use various formations and strategies * pick your shots intelligently * decide where to play: tournaments or leagues * and much, much more! The book also includes detailed court diagrams that show you how to execute offense, defense, and tactical plays; checklists that summarize the most important points of each chapter; and on-court drills to help you improve and refine your skills. The Art of Doubles is loaded with practical, proven tennis strategies that you can put to work immediately to see improvements in your own doubles game!.



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