



How We Learn: The Surprising Truth about When, Where and Why it Happens

By Carey, Benedict.

Macmillan. 1 Cloth(s), 2014. hard. Book Condition: New. What if almost everything we were told about learning is wrong? Science reporter Benedict Carey here sifts through decades of research to uncover the truth about how the brain absorbs and retains information. If the brain is a learning machine, Carey asserts, then it is an eccentric one, and he shows us how to exploit its quirks to our advantage. Along the way he reveals why teachers should give final exams on the first day of class, why the brain responds well to distraction, and why it's smarter to stay up late prepping for that exam than to rise early for one last cram session."This book is a revelation. I feel as if I've owned a brain for 54 years and only now discovered the operating manual. For two centuries, psychologists and neurologists have been quietly piecing together the mysteries of mind and memory as they relate to learning and knowing. Benedict Carey serves up their most fascinating, surprising, and valuable discoveries with clarity, wit, and heart. I wish I'd read this when I was 17."Mary Roach"A welcome rejoinder to the faddish notion that learning is all about the hours put in....



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